hungrytommy

Basic Chicken Broth



Ingredients:

- 1.5 lbs boneless, skinless chicken thighs
 - 6 cups of water

Directions

- 1. Season the chicken with salt
- 2. Add to a large pot and cover with six cups of water
- 3. Bring to a boil. Skim any foam that has formed on the top. Reduce to a simmer and cook for 30 minutes. Remove the chicken and strain the remaining liquid.